



Patient History

Name: _____ Age: _____ Date: _____

Occupation: _____

How long have you had leg vein problems? Months _____ Years _____

Please check **LEG** symptoms you currently have or have experienced in the last 3 months:

- | | | | |
|---------------------------------------|---|------------------------------------|---|
| <input type="checkbox"/> No symptoms | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Aching | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Restlessness | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Heaviness | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Itching | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Burning | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Cramping | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Throbbing | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Swelling | <input type="checkbox"/> R <input type="checkbox"/> L |

Do your symptoms interfere with sleep? Yes No

Do they interfere with walking? Yes No

On a scale of 1-10, with 1 being *slightly bothersome* and 10 being *severely affecting my life*, I consider my vein disease to be:

1 2 3 4 5 6 7 8 9 10

Are your varicose or spider veins located in another area besides your leg? If so, where?

Please check if you have /ever had:

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Leg ulcers | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Bleeding from a vein | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Blood clot/Phlebitis | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Vein Surgery | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Prior vein evaluation/treatment | <input type="checkbox"/> R <input type="checkbox"/> L | <input type="checkbox"/> Vein Injections/Sclerotherapy | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Leg Injury/Trauma | <input type="checkbox"/> R <input type="checkbox"/> L | | |

Check any of the following that are true:

I have tried elevation of my legs to relieve discomfort for _____ months.

I have tried elastic support/compression stockings.

What type? _____ How long? _____

I have tried regular exercise.

Standing makes my symptoms worse.

I stand for _____ hours per day.

Please check if you have/ ever had:

- | | | | |
|--|--|---|-------------------------------------|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> High blood Pressure | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> HIV (AIDS) |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Pacemaker |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Stroke | <input type="checkbox"/> Blood clot to Lung | |

Do you have a family history of?

- | | | |
|---|-------------------------------------|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Leg Ulcers | <input type="checkbox"/> Clotting /Bleeding disorders |

Do you smoke? Y / N Packs per day ____

Do you drink alcohol? Y / N

Over the counter medications &/ or Prescription Medications:

Include Aspirin, Motrin, Tylenol, or Herbals if applicable:

Allergies: Medications? _____

Iodine? _____ Tape? _____ Latex? _____

Please list on back if needed.

Please list any surgeries/hospitalizations (other than vein surgeries) and dates:

For Women only: (Please check box if YES)

- Are you pregnant or considering pregnancy in the near future?
 - Are you breastfeeding?
 - Worsening of varicose vein symptoms during pregnancy?
Number of pregnancies _____ Deliveries _____
 - Worsening of symptoms around menstrual cycle?
- Do you take: Birth control pills? Estrogen replacement therapy?

Signature: _____ Date: _____